



MES Peer Review Services
100 Morse Street
Norwood, MA 02062



[REDACTED]

12/12/2023

Notice of External Review Determination

MES Solutions has performed an independent review of the proposed/rendered care to determine if the adverse determination was appropriate. In the performance of the review, the IRO reviewed the medical records and documentation provided to the independent review organization (IRO) by involved parties.

Attached please find the determination. This determination is binding except to the extent that other remedies may be available under State or Federal law to either the group health plan or the claimant. Judicial review may be available to the claimant.

Sincerely,
MES Peer Review Services

Notice of Independent Review Decision

Re: IRO Case #: 2218263

[REDACTED]

This document contains important information that you should retain for your records.
This document serves as notice of a final external review decision. We have

Upheld (This means that the independent reviewer agrees with the denial)

Overturned (This means that the independent reviewer disagrees with the denial)

Partially Overturned (This means that the independent reviewer agrees with the denial in part, and disagrees with the denial in part)

the denial of your request for the provision of, or payment for, a health care service or course of treatment.

Historical Case Details:

Patient Name: [REDACTED]		ID Number: [REDACTED]					
Address: [REDACTED]							
Claim #: [REDACTED]				Date of Service: 01/16/2023-3/1/2023			
Provider: Elevations RTC							
Reason for Prior Denial (in whole or in part): Not medically necessary							
Amt. Charged	Allowed Amt.	Other Insurance	Deductible	Co-pay	Co-insurance	Other Amts. Not Covered	Amt. Paid
YTD Credit toward Deductible:				YTD Credit toward Out-of-Pocket Maximum:			
Description of Service: Residential Behavioral Health Level of Care, Child or Adolescent, ORG: B-902-RES 01/16/2023 - 3/1/2023				Denial Codes:			

Type of appeal: (medical/investigational/administrative):
Medical

Date appeal filed:
5/1/2023



Date that the IRO Received the Assignment:

11/8/2023 10:54 AM PST

Date of IRO's Decision:

12/12/2023

Documents submitted for review:

- **MES External Review Request**
- **Level One Member Appeal Request Letter [REDACTED] 01/17/2023**
- **Level One Member Appeal Table of Contents**
- **Cigna Authorization for Disclosure of Protected Health Information 08/26/2022**
- **Cigna Personal Representative Request 08/26/2022, 12/14/2022**
- **Evernorth Behavioral Health Authorization for Disclosure of Protected Health Information 12/14/2022**
- **Evernorth Behavioral Health Personal Representative Request 12/14/2022**
- **Evernorth Behavioral Health Denial Letter 07/14/2022**
- **Cigna Denial Letter 07/14/2022, 02/22/2023**
- **Elevations RTC Medical Records from 06/01/2022 to 01/15/2023**
- **Selection from Summary Plan Description**
- **Elevations RTC UB-04 Claim Forms 07/13/2022 to 02/16/2023**
- **Elevations RTC REC/Camping Mar July 2022, August 2022, September 2022**
- **Dominion Diagnostics Test Results Report 08/10/2022, 08/15/2022, 09/21/2022, 10/27/2022**
- **Walgreens Prescription 08/25/2022**
- **Employee Retirement Income Security Act of 1974; Rules and Regulations for Administration and Enforcement; Claims Procedure 11/21/2000**
- **Covid-19 Extension of Timeframes under HIPAA, COBRA, and ERISA Claims and Appeals**
- **Extension of Certain Timeframes for Employee Benefit Plans, Participants, and Beneficiaries Affected by the Covid-19 Outbreak**
- **Renewal of Determination that a Public Health Emergency Exists Article**
- **MCG Health Behavioral Healthcare Guidelines for Residential Behavioral Health Level of Care, Child or Adolescent**
- **David Wit et al v United Behavioral Health Lawsuit 02/28/2019**
- **Position Statement on Generally Accepted Standards of Care for Behavioral Health 08/19/2019**
- **Charles W. v Regence BlueCross BlueShield of Oregon Lawsuit 09/27/2019**
- **Jessica U. v Health Care Service Corporation Lawsuit 11/05/2020**
- **Pamela Smith v Health Care Service Corporation and MCG Health, LLC Lawsuit 10/31/2019**
- **Final Rules under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008**
- **The Children's Mercy Hospital Summary of Benefits and Coverage**
- **M. S. v Premera Blue Cross Lawsuit 04/07/2020**

- US Department of Labor Warning Signs Plan or Policy Non-Quantitative Treatment Limitations
- Cigna Medical and Administrative A-Z Index
- MCG Health Guidelines for Medical Admission Recovery Facility Care General Recovery Guideline
- MCG Health Guidelines for End-of-Life Care
- 2022 MHPAEA Report to Congress
- DOL Signals Heightened Enforcement of Non-Quantitative Treatment Limitation Requirements Article
- Wyden Statement at Finance Committee Hearing Examining Barriers to Mental Health Care Article
- Access Challenges for Covered Consumers and Relevant Federal Efforts Article
- Overland Park Regional Medical Center Emergency Room Medical Records 09/01/2021
- Vive Adolescent Care Medical Records 04/22/2022 to 05/31/2022
- Swanson Prescription Order 06/30/2022, 09/26/2022
- Elevations Academy Desired Results for Student Learning 06/08/2022
- Clear Path Psychological Confidential Psychological Assessment Report J. Adams, PhD 05/10/2022
- Cigna Explanation of Benefits Statements Various Dates
- Cigna Special Authorization Form for Release of Records 03/10/2023
- Cigna Request for IRO Review and Release Form 03/10/2023
- Independent Review Organization Request Letter [REDACTED] 03/22/2023
- Utah Administrative Code R501-1 Rule R501-16 and R501-19
- Elevations RTC Intermediate Secure Care License
- Elevations RTC Certificate of Accreditation
- Elevations RTC Updated Medical Records 01/13/2023 to 03/01/2023
- Office of the Surgeon General Facing Addiction in America Report
- Practice Parameter for the Assessment and Treatment of Children and Adolescents with Depressive Disorders Article
- Practice Parameter for the Assessment and Treatment of Children and Adolescents with Anxiety Disorders Article
- United Health Carrier External Review Model Act
- The Children's Mercy Hospital Summary Plan Description
- Cigna Inpatient Authorization Summary 06/20/2023

Final external review decision:

The requested Residential Behavioral Health Level of Care, Child or Adolescent, ORG: B-902-RES 01/16/2023 - 3/1/2023 is medically necessary in this case.

Findings (Discuss the principal reason for decision, including rationale and any evidence-based standards or coverage provisions that were relied on in making this decision):

The case involves an adolescent male (DOB: [REDACTED]) who was referred from a lower-intensity residential program to high-intensity residential level mental health treatment on